



To encourage the children in your school to engage with the five health challenges during BNF Healthy Eating Week, BNF and Disney have created a range of fantastic 'active learning' resources. These have been developed to encourage children to have healthier, active lifestyles. The resources are ideal to use with children aged 4 to 11 years.

The resources comprise:

- A My Healthy Eating Week booklet that children can personalise and use to track their progress through the five health challenges
- A poster – a class participation poster, allowing everyone to get involved and be recognised
- Five activity sheets – one for each challenge that encourage active learning and working together
 - Have breakfast – a yummy pairing game to match ingredients for a balanced breakfast
 - Have 5 A DAY – children make a fun fortune teller to encourage them to explore new foods
 - Drink plenty – this board game for up to four players teaches children about water and hydration
 - Try something new – children are encouraged to try new foods, new activities and new experiences
 - Get active – this invigorating race gets children up and moving with every roll of the dice
- Certificates – reward participation by presenting the children in your school who used the Active Learning Resources with their own certificates - there are 5 to collect!

All the resources can be easily printed and used during the Week or at any time of the year.

Why not let parents/carers have copies of the activities? They are fun to complete and encourage family learning and home-school links.

And there's more...

Tell us how you got on during the BNF Healthy Eating Week and you could win **£1000** for your school!

There are 10 cash prizes worth £1000 up for grabs, so what are you waiting for? Follow this link to enter!

www.surveymonkey.co.uk/r/BNF-Disney-Feedback

The money is to support work in school based around cooking, healthy eating or physical activity.

Turn over for T&C's.

Promotion Rules:

By participating, you agree to the requirements set out in all promotional materials and the following:

Terms and Conditions

How to enter:

Use the BNF and Disney Active Learning Resources with the children in your school to engage them with the BNF Healthy Eating Week five health challenges. The school Head Teacher or Subject Leader will need to complete the online form by the closing date for the chance to win one of the cash prizes.

We can only accept one entry per school.

Closing Date:

By 5pm on Friday 30 June 2017.

Entry Restrictions:

Open to schools in the UK (including Northern Ireland, the Channel Islands and the Isle of Man). Schools in the Republic of Ireland are excluded. Schools must have used the Active Learning Resources with children in the 4-11 years age range. The Head Teacher or Subject Leader will need to enter on behalf of their school. Only one entry per school is permitted.

Prize Details:

Ten (10) schools will each win one thousand pounds (£1,000) which will be given to the winning schools as a charitable donation (any applicable taxes are payable by the winning schools) to be used towards supporting work in school based around cooking, healthy eating or physical activity.

Winner Selection:

Winners will be selected within ten (10) working days after the closing date in a random draw from all valid entries received.

Prize Fulfilment:

Winners will receive confirmation that they have won via e-mail within two (2) weeks after the closing date. Winners must reply to their email notification and provide the school's contact telephone number within ten (10) days after the Promoter contacting them in order to claim their prize.

If no response is received by the Promoter within this time, then the prize shall be forfeited and the Promoter reserves the right to award the prize to a substitute winner. The Promoter shall have no liability in respect of the entry initially selected. The Promoter's decision is final and no correspondence will be entered into. Winning schools will receive the cash prize within twenty eight (28) days after they have replied to their winner notification email.