

# Are you safe?



What should you do before you cook?



When is it important to wash your hands?



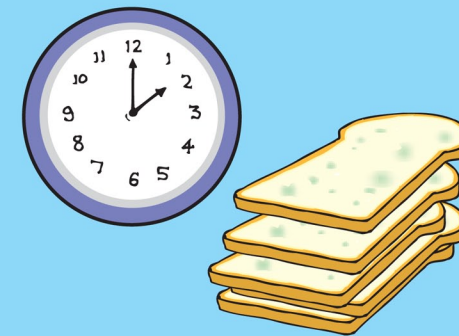
Is the kitchen, work surfaces and food equipment clean?



How should raw and cooked food be handled and stored?



How would you know how long these foods last?



How can you make sure that microbes do not multiply quickly?



Where should raw meat be kept in a fridge?



Where should these foods be stored?



Enjoy your food!

