

Packaging examples – lasagne



Ingredients

Beef (23%), Whole **Milk**, Cooked Egg Pasta, Water, Tomato, Whipping Cream (**Milk**), Tomato Purée, Cornflour, Mature Cheddar Cheese (**Milk**), Onion, Red Wine, Garlic Purée, Medium Fat Hard Cheese (**Milk**), Carrot, **Celery**, Medium Fat Soft Cheese (**Milk**), Wheat Flour (**Wheat Flour**, Calcium Carbonate, Iron, Niacin, Thiamin), **Salt**, Butter (**Milk**), Beef Extract, Yeast Extract, Oregano, Marjoram, **Black Pepper**, Bay, White Pepper.

Cooked Egg Pasta contains: Durum **Wheat Semolina**, Water, Pasteurised **Egg**.

Allergy advice

For **allergens**, including cereals containing **gluten**, see ingredients in **bold**.

Storage

Keep refrigerated.
Suitable for home freezing. Ideally freeze as soon as possible after purchase but always by 'use by' date shown.

Heating instructions Remove outer sleeve. For best results oven heat.

Oven

From chilled: 190°C/Fan170°C/Gas5 35–40 mins
From frozen: 190°C/Fan170°C/Gas5 50–55 mins
Remove **film lid**. Place on a baking tray in the centre of a pre-heated oven for 35–40 minutes (from chilled). 50–55 minutes (from frozen).
Leave to stand for 2 minutes after heating.

Microwave

From chilled: 800W / 900W 7½–5½ mins
From frozen: 800W / 900W 13–10 mins
Pierce **film lid** several times.

Heat on **full power**. Leave to stand for 2 minutes after heating.

All appliances vary, these are **guidelines only**.

Check food is piping hot throughout before serving.

Caution

This container may soften **slightly** but will regain strength on standing.

Fresh egg pasta layered between beef, tomato and red wine sauce, topped with béchamel sauce, mature Cheddar cheese and medium fat hard cheese.

Nutrition

When oven heated according to instructions

Typical values	Per 100g	Each pack (450g)
Energy	605kJ 145kcal	2721kJ 651kcal
Fat	7.5g	33.8g
of which saturates	4.1g	18.5g
Carbohydrate	10.2g	45.9g
of which sugars	2.0g	9.0g
Fibre	2.0g	9.0g
Protein	8.1g	36.5g
Salt	0.5g	2.3g

This pack contains 1 serving

*Reference intake of an average adult (8400kJ / 2000kcal)

For more information about our strict welfare and quality standards visit realfood.tesco.com.

Recycling

SLEEVE - CARD - Widely recycled

TRAY - PLASTIC - Check local recycling

FILM - PLASTIC - Not currently recycled

Produced in the U.K. using beef from U.K. and Ireland for Tesco Stores Ltd., Welwyn Garden City AL7 1GA, U.K.

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450g e





BEEF LASAGNE

1498 kJ / 356 kcal

Minced beef simmered in a rich red wine sauce
with a creamy béchamel

Serving Suggestion



Each pack				
Energy 1498kJ 356kcal	Fat 8.9g	Saturates 3.9g	Sugars 10.1g	Salt 1.0g
18%	13%	20%	11%	17%
of the reference intake*				
Typical values per 100g Energy 416kJ / 99kcal				

USE BY



KEEP REFRIGERATED

Egg pasta layered with a tomato and beef sauce, topped with white sauce and cheese. HEATING INSTRUCTIONS For best results oven heat. Remove outer sleeve. **OVEN Chilled:** 190°C/Fan 170°C/Gas 5 40-45 mins. **Frozen:** 55-60 mins.

Remove film lid. Place on a baking tray in the centre of a pre-heated oven. Leave to stand for 2 minutes after heating.

MICROWAVE Chilled: 800W/900W 5½ / 5 mins. **Frozen:** 800W/900W 9½ / 9 mins. Pierce film lid several times. Heat on full power. Leave to stand for 2 minutes after heating.

Important All appliances vary, these are guidelines only. Check food is piping hot throughout before serving. Allow tray to stand until it regains its rigidity. **STORAGE** Keep refrigerated.

Suitable for home freezing. Ideally freeze as soon as possible after purchase but always by 'use by' date shown.

INGREDIENTS Tomato, Cooked Egg Pasta, Water, Beef (14%), Skimmed Milk, Onion, Tomato Purée, Cornflour, Reduced Fat Hard Cheese (Milk), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Single Cream (Milk), Medium Fat Soft Cheese (Milk), Garlic Purée, Red Wine, Carrot, Basil, Oregano, Salt, Beef Gelatine, Beef Extract, Yeast Extract, Mushroom Extract Powder, Black Pepper, Potato Starch, Mustard Flour, White Pepper, Bay, Nutmeg, Sugar, Acidity Regulator (Citric Acid), Turmeric, Rapeseed Oil.

Cooked Egg Pasta contains: Durum Wheat Semolina, Water, Pasteurised Egg. **Allergy Advice** For allergens, including cereals containing gluten, see ingredients in bold.

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NUTRITION When oven heated according to instructions. Typical values. Per 100g: Energy 416kJ/99kcal, Fat 2.5g (of which saturates 1.1g), Carbohydrate 12.0g (of which sugars 2.8g), Fibre 1.2g, Protein 6.5g, Salt 0.3g. This pack contains 1 serving. *Reference intake of an average adult (8400kJ / 2000kcal).

- SLEEVE –**
Widely recycled
- TRAY –**
Check locally
- FILM –**
Not yet recycled



400g e

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LASAGNE
Rich and tasty beef lasagne topped with cheesy melted cheddar

Serving Suggestion

Cook from frozen		Each pack				
41 mins	Energy 1587kJ 377kcal	Fat 12.0g	Saturates 6.1g	Sugars 6.6g	Salt 1.8g	
	19%	17%	31%	7%	30%	

of the reference intake*
Typical values per 100g; Energy 442kJ / 105kcal

At the [redacted] we're all about tasty meals that'll bring smiles to your table. We take time and care creating recipes in our kitchens to help you dish up good food in yours - perfect for keeping those hungry mouths happy. Tuck in!

Pasta sheets layered with minced beef in a tomato and wine sauce, topped with cheese sauce and red Cheddar cheese.

COOKING INSTRUCTIONS

For best results oven cook from frozen. Remove outer packaging and film lid.

OVEN

Frozen: 200°C/Fan 180°C/Gas 6 **40 mins**

Place on a baking tray in the centre of a pre-heated oven. Leave to stand for 1 minute after heating.

MICROWAVE

Frozen: 800W/900W **9/7½ mins**

Heat on full power for 9 minutes (800W)/7½ minutes (900W). Leave to stand for 1 minute after heating.

Caution

Although every care has been taken to remove bones, some may remain.

Important

All appliances vary, these are guidelines only. Check food is piping hot throughout before serving. Allow tray to stand until it regains its rigidity.

STORAGE

Keep frozen at -18°C or cooler. Important: If food has thawed, do not refreeze. Best before end: side of pack.

For more information about our strict welfare and quality standards visit tesco.ie.

Recycle

CARTON - Widely recycled

TRAY - Check locally

FILM - Not yet recycled

400g e

INGREDIENTS

Water, Tomato Purée, Beef (14%), Cooked Pasta (Durum **Wheat** Semeolina, Water), Whole **Milk**, Tomato, Onion, Red Cheddar Cheese (with Colour: Annatto) (**Milk**), Cornflour, Carrot, Half Cream (**Milk**), Tomato Juice, Red Wine, Garlic Purée, Mature Cheddar Cheese (**Milk**), Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast Extract, White Wine, Basil, Salt, Tomato Powder, Black Pepper, Oregano, Parsley, Sugar, Onion Powder, Beef Fat, Rosemary, Paprika, Sea Salt, Caramelised Sugar, Mushroom Extract, Red Wine Extract, Beef Extract, Thyme, Flavouring, Aniseed, **Wheat** Gluten, Nutmeg, White Pepper.

Allergy Advice For allergens, including cereals containing gluten, see ingredients in bold.

NUTRITION

When oven cooked according to instructions

Typical values	Per 100g	Each pack (359g**)	% RI*	RI* for an average adult
Energy	442kJ 105kcal	1587kJ 377kcal	19%	8400kJ 2000kcal
Fat	3.3g	12.0g	2%	70g
of which saturates	1.7g	6.1g	3%	30g
Carbohydrate	10.6g	37.9g	15%	260g
of which sugars	1.8g	6.6g	7%	90g
Fibre	1.3g	4.8g		
Protein	7.6g	27.1g	54%	50g
Salt	0.5g	1.8g	30%	6g

Contains 1 serving

*Reference intake of an average adult (8400kJ / 2000kcal)

**When oven cooked according to instructions 400g typically weighs 359g

Produced in (re)land using beef from the U.K. and (re)land for Tesco Stores Ltd., Welwyn Garden City AL9 7GA, U.K. © Tesco 2018. SC4094

Lasagne

* Rich beef ragu made with full-bodied Chianti with fresh egg pasta and béchamel sauce.



Each pack				
Energy 2642kJ 631kcal	Fat 30.4g	Saturates 16.0g	Sugars 8.8g	Salt 1.8g
31%	43%	80%	10%	30%

of the reference intake*
Typical values per 100g. Energy 660kJ / 158kcal

Serving Suggestion

USE BY



KEEP REFRIGERATED

Egg pasta with beef in a tomato and Chianti red wine sauce topped with white sauce and Grana Padano medium fat hard cheese

HEATING INSTRUCTIONS

Remove outer sleeve and film lid.

OVEN 190°C/Fan 170°C/Gas 5 **Chilled: 35-40 mins. Frozen: 60-65 mins.** Place on a baking tray in the centre of a pre-heated oven.

Leave to stand for 2 minutes after heating.

Important

Not suitable for microwave heating.

All appliances vary, these are guidelines only. Check food is piping hot throughout before serving.

STORAGE Keep refrigerated.

Suitable for home freezing.

Ideally freeze as soon as possible after purchase but always by 'use by' date shown. Use By: see front of pack.

NUTRITION When oven heated according to instructions. Typical values. Per 100g: Energy 660kJ/158kcal, Fat 7.6g (of which saturates 4.0g), Carbohydrate 11.8g (of which sugars 2.2g), Fibre 1.5g, Protein 9.8g, Salt 0.5g. Contains 1 serving. *Reference intake of an average adult (8400kJ / 2000kcal). **When oven heated according to instructions 400g pack typically weighs 375g.

For more information, please visit our website at tescoplc.com

INGREDIENTS Cooked Egg Pasta, Beef (22%), Whole Milk, Water, Tomato, Chianti Red Wine, Grana Padano Cheese, Pork, Roasted Smoked Pancetta, Whipping Cream (**Milk**), Cornflour, Tomato Purée, Onion, Carrot, Wheat Flour (**Wheat Flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Garlic Purée, **Celery**, Butter (**Milk**), Beef Extract, Extra Virgin Olive Oil, Salt, Basil, Porcini Mushroom Powder, Thyme, Black Pepper, Bay, White Pepper, Nutmeg. **Cooked Egg Pasta** contains: Durum **Wheat Semolina**, Water, Pasteurised **Egg**. **Grana Padano Cheese** contains: Grana Padano Medium Fat Hard Cheese (**Milk**), Preservative (Egg Lysozyme) **Roasted Smoked Pancetta** contains: Pork Belly, Salt, Dextrose, Black Pepper, Garlic, Coriander, Nutmeg, Preservatives (Sodium Nitrite, Potassium Nitrate).

Allergy Advice

For allergens, including cereals containing gluten, see ingredients in **bold**.

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400g e

