

# *Food – a fact of life drop-in session* (additional needs)

**Welcome!**

The drop-in session will start at 8pm

Let us know who you are – type your name and organisation in the chat box.  
*Set your chat box to everyone.*

## Presenters



**Claire Theobald**

Education Services Manager, British Nutrition Foundation



**Frances Meek**

Education Services Manager, British Nutrition Foundation

# Housekeeping

- Please let us know who you are in the chat box – full name and organisation.
- The drop-in session is being recorded and will be available on [www.foodafactoflife.org.uk](http://www.foodafactoflife.org.uk).
- If you have any questions, please type them in the chat box and they will be answered at the end of the session or if you would like to ask the question in person, please put your hand up and we will unmute your microphone.
- At the end of the session, we will put a link to a short online evaluation (1 min) in the chat box. Once completed you will be given a link to a downloadable certificate. Please download the certificate, add your name and print it for your records.

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(additional needs)





# What we will be covering

- The *Food – a fact of life* education programme
- A quick tour of the website
- Resources to support pupils' learning
- How *Food – a fact of life* resources can support additional needs practitioners
- Links to *Food – a fact of life*

# September drop-in

During our previous drop-ins, we showcased the following resources:

- *Food – a fact of life* curriculum roadmaps
- Primary leaders' pack and primary projects
- Characteristics of good practice guides (primary, secondary and additional needs)
- Knowledge organisers, practical food skill videos (for pupils and teachers), quizzes and activity packs
- Teaching science through the context of food
- Explore food – our free nutritional analysis tool
- Schemes of work (11-14 years)
- Good food hygiene and safety guidance

**Food – a fact of life drop-in session resources links** 

Link to the *Food – a fact of life* resources presented at the drop-in event on 25 September 2024.

**PLANNING AND GOOD PRACTICE**

**Food Curriculum Roadmaps**  
<https://www.foodafactoflife.org.uk/whole-school/food-a-fact-of-life-roadmaps/>

A visual guide to food and nutrition education from 3-16 years, representing what pupils should learn and the sequence. Available as downloadable versions to be printed or interactive versions linking directly to supporting lesson notes and resources.



**Characteristics of good practice guides**

**Primary:** <https://www.foodafactoflife.org.uk/whole-school/characteristics-of-good-practice-in-teaching-food-and-nutrition-education-on-primary-schools/>

**Secondary:** <https://www.foodafactoflife.org.uk/whole-school/characteristics-of-good-practice-in-teaching-food-and-nutrition-education-on-secondary-schools/>

**Additional needs:** <https://www.foodafactoflife.org.uk/whole-school/characteristics-of-good-practice-in-teaching-food-and-nutrition-education-for-pupils-with-additional-needs/>



These guides set out a series of characteristics of good practice **regarding** teaching food in UK primary and secondary schools and also to pupils with additional needs. They can be adopted as part of a good practice approach by all those that teach food in schools.

**Knowledge organisers**  
<https://www.foodafactoflife.org.uk/knowledge/food-a-fact-of-life-knowledge-organisers/>

The *Food – a fact of life* Knowledge organisers provide key facts for pupils around Healthy eating, Cooking, **Where** food comes from and Food commodities. They provide an outline of knowledge and skills that should be taught at each age phase and enable consistency between teaching colleagues in the same school or group of schools.



[www.foodafactoflife.org.uk](http://www.foodafactoflife.org.uk)



**Let us know in the chat box if there are any resources that you would particularly like to know more about**

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For further information, go to:  
[www.foodafactoflife.org.uk](http://www.foodafactoflife.org.uk)

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